

Have you ever come across a character in a book or a movie / TV show who you really admired?

Here's your chance to let life imitate art!

Introducing the
Leading *Lady 30 Day Challenge!

Pick a character, write what it is you like about them – their personality traits, habits, style, etc.

Then take that list and incorporate those characteristics into your day to day for 30 days.

Check out the sample of my January challenge on the next page. There's a blank form at the end for you to use on a character of your choice.

When you're done, hop on over to YouTube and subscribe to the channel to see which characters I've picked and how I meet the challenge each month.

*I'm using "Lady" because I like the alliteration. Please pick a character you identify with be they sexualized or not. I will urge you to pick a character whose traits and such won't get you arrested should you commit 100% to behaving as they did.

March Leading Lady

Charise Sayles from

Hello Diva



Traits, Behaviors,
Characteristics, Style...

Tenacious

Resilient

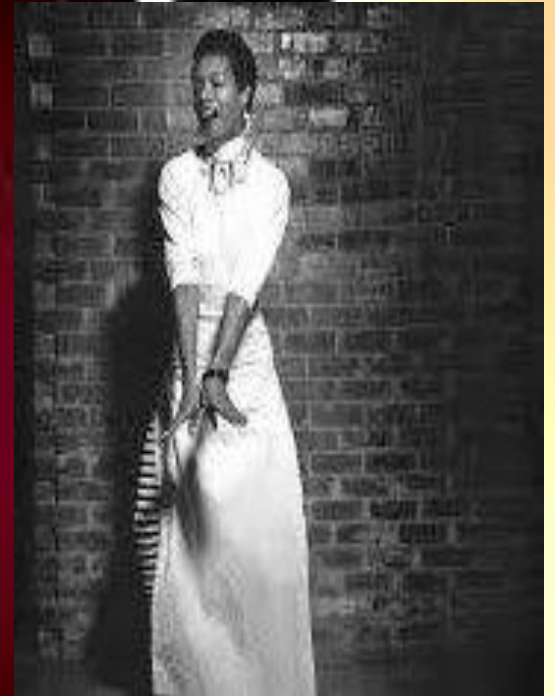
Funny

Best Selling Author

Learned Self-Acceptance

Compassionate

At Peace with her Life



Theme:

Unstoppable pursuit of
my goals!



How I'm Going to Incorporate These Things:

Finish my next book release; adopt a skin care routine; pitch to appear at an event as a writer; develop my first online course and pitch to a non-traditional audience.

My March Leading Lady

Character: _____

Book: _____

Traits, Behaviors, Characteristics,
Style...

Theme:

How I'm Going to Incorporate These Things: